**NAME OF INTERNSHIP SITE:** Red Wolf Wellness

Red Wolf Wellness is a program for A-State Faculty, Staff, dependents and retirees. Our mission is to educate, support and motivate A-State employees, dependents and retirees to improve and maintain their overall health and well-being through healthy lifestyle choices.

**LOCATION:** Arkansas State University - Jonesboro

**DESCRIPTION OF RESPONSIBILITIES AND EXPERIENCES:** Responsibilities will consist of daily objectives and task that involve the implementation of health promotion programs and fitness services to faculty and staff. Students will experience a work environment that includes health promotion, personal training, group fitness, gym operations and procedures, wellness business and marketing, quality of life programs.

**HOW TO APPLY: Contact Spencer Bradley.**

**CONTACT INFORMATION:**

**NAME: Spencer Bradley**

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**FAX: 870.972.3337**

**SITE WEBSITE: astate.edu/redwolfwellness**

**FACULTY NOTES:**